

Calendario de frutas de temporada

ENE	FEB	MAR	ABR	MAY	JUN	JUL	AGO	SEP	OCT	NOV	DIC
				albaricoque							
	aguacate								aguacate		
	pomelo									pomelo	
									caqui		
									castaña		
			cereza								
								membrillo			
						higo					
		fresón								fresón	
	kiwi								kiwi		
	lima							lima			
	limón							limón			
								granada			
	mandarina							mandarina			
								mango			
					melón						
				nectarina							
			níspero								
		papaya							papaya		
				paraguayo							
				pera							
				piña							
				plátano							
				manzana							
				melocotón							
				ciruela							
uva									uva		
						sandía					
				naranja					naranja		
	chirimoya								chirimoya		
ENE	FEB	MAR	ABR	MAY	JUN	JUL	AGO	SEP	OCT	NOV	DIC

Infographic showing the availability of various vegetables in Spain from January to December. The chart uses horizontal bars of different colors to represent the growing season for each vegetable.

Vegetable	Availability Period (Approximate)
berenjena	July - September
ajo seco	January - March
ajo tierno	January - February
apio	January - March
alubia	January - March
brócoli	January - February
brócoli	January - February
brócoli	January - February
bróquil	January - February
bróquil	January - February
calçot	January - February
calabacín	January - March
alcachofa	January - February
alcachofa	January - February
cebolla	January - March
cebolla tierna	January - February
cogollo de lechuga	January - February
cogollo de lechuga	January - February
pepino	January - March
col	January - March
col de Bruselas	January - March
Lombarda	January - February
coliflor	January - February
coliflor	January - February
lechuga	January - March
endibia	January - February
endibia	January - February
escarola	January - February
escarola	January - February
espinaca	January - February
espinaca	January - February
espárrago	January - February
haba	January - February
perejil	January - March
judía verde	January - March
moniato	January - February
moniato	January - February
nabo	January - February
nabo	January - February
zanahoria	January - March
patata	January - March
pimiento verde	January - March
pimiento rojo	January - March
puerro	January - March
puerro	January - March
guisante	January - February
guisante	January - February
rábano	January - February
rábano	January - February
romanesco	January - February
tomate	January - March
champiñón	January - February
chirivía	January - February
chirivía	January - February